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- Mama
- Michigander
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MIBFN

Michigan Breastfeeding Network

My Biggest Struggles Were...

working full time

Lack of Sleep

About Michigan
Breastfeeding Network

MIBFN

Michigan Breastfeeding Network

Education + Advocacy + Coalition Building MIBFN Mission

About Michigan
Breastfeeding Network

We Envision:

- Human milk feeding-supporters of every identity serving in solidarity with Black, Indigenous, and other marginalized folx, dismantling unjust and inequitable systems of oppression – white supremacy, patriarchy, and capitalism.
- Building new systems that support human lactation centered in equity and justice.
- Decolonization and reclamation of traditional birth, lactation and infant feeding cultural norms.
- Black joy and Indigenous communities thriving.

About Michigan
Breastfeeding Network

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We collaborate with organizations and individuals to bring about actionable, system-level changes that are centered on the diverse experiences of Michigan families with young children.

About Michigan
Breastfeeding Network

Equity + Justice

We are committed to ensuring that justice and equity are at the center of everything we do. This is the only way forward. We are, as every group of breastfeeding supporters should be, committed to centering the people who are marginalized by dominant culture. To that end, we are working to dismantle systems of oppression where they exist and replacing these systems with ones that result in equity in outcomes.

About Michigan
Breastfeeding Network



Michigan Breastfeeding Network

THE PEOPLE

BOARD OF DIRECTORS



STAFF



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About Michigan Breastfeeding Network

FACT:

BREASTFEEDING SAVES LIVES, ESPECIALLY DURING EMERGENCIES.

view breastfeeding and workplace guidance and frequently asked questions
at mibreastfeeding.org/workplace.



Why Breastfeeding?



85% of Michigan families
initiate breastfeeding,
but rates plummet soon
thereafter.

This is not a mother issue,
it's a society issue.

Why Breastfeeding?

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**“BREASTFEEDING
IS FOOD
SOVEREIGNTY.”**



Why Breastfeeding?

Black women fed the
nation.

Why Breastfeeding?

Systems that uphold white supremacy are the reason our breastfeeding continuation and exclusivity rates are lower than they could be.

Families are not the reason.

Why Breastfeeding?

Our Approach

(1) Dismantle Barriers:

 ~~White supremacy~~

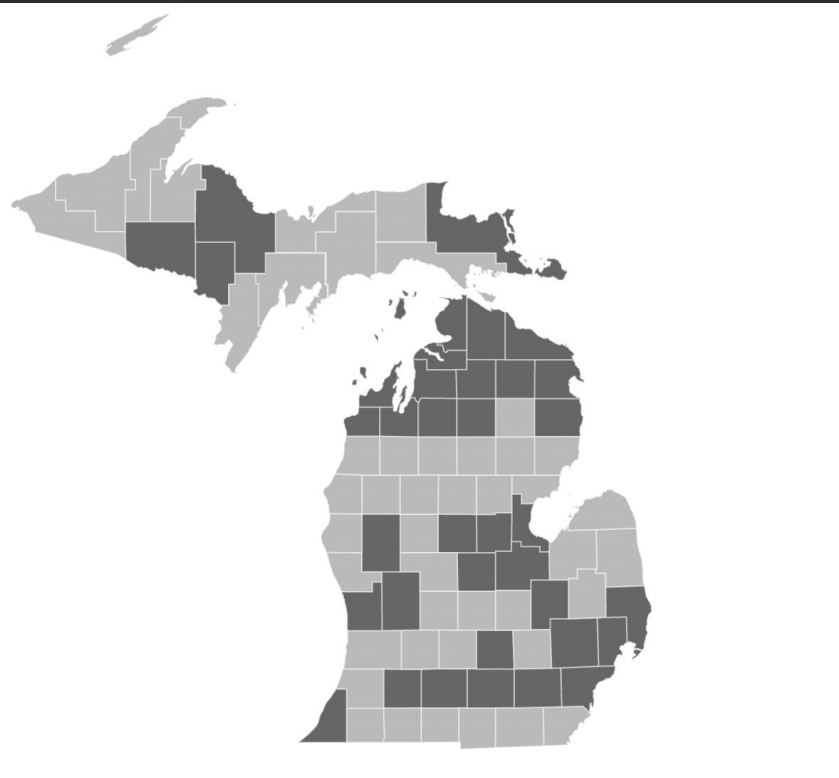
 ~~Patriarchy~~

 ~~Capitalism~~



(2) *Build new systems through a conscious and intentional paradigm shift in leadership; investing in communities that are doing the work of centering equity and justice for people who are currently and have historically been marginalized in their breastfeeding support efforts.*

Our Approach



Our Approach

Advocacy Campaigns:

1. Anytime, Anywhere
1. Birth Justice
2. Child Care
3. Child Custody
4. Courts

6. Education

7. Emergency Preparedness

8. Foster

9. Health Care

10. Incarceration

11. Mental Health

12. Workplace

Our Approach

Shifting the paradigm of
breastfeeding leadership and
expertise



Do your own work.

Join our movement!

**Dismantle systemic barriers
where you see them.**

Join our movement!

**Learn to provide
basic
breastfeeding
support in a way
that is culturally
humble.**

Join our movement!

“We cannot pretend anymore that it is enough just to know how to help babies to latch. Everyone who works with families must know the historical trauma and how to show up in spaces of breastfeeding support in ways that account for the systemic racism that inhibits so many Black and Indigenous families from reaching our breastfeeding goals.”

- Bonita Agee, BS, CLC, Local Breastfeeding Supporter

mibreastfeeding.org/local-meetings



Join our movement!



Refer families to

- ❑ skilled,
 - ❑ trusted,
 - ❑ culturally congruent
- # breastfeeding support

Join our movement!



THE WORK CONTINUES

[MIBREASTFEEDING.ORG/BREASTFEEDING-AWARENESS](https://mibreastfeeding.org/breastfeeding-awareness)

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Thank you!

hello@mibreastfeeding.org

www.mibreastfeeding.org

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